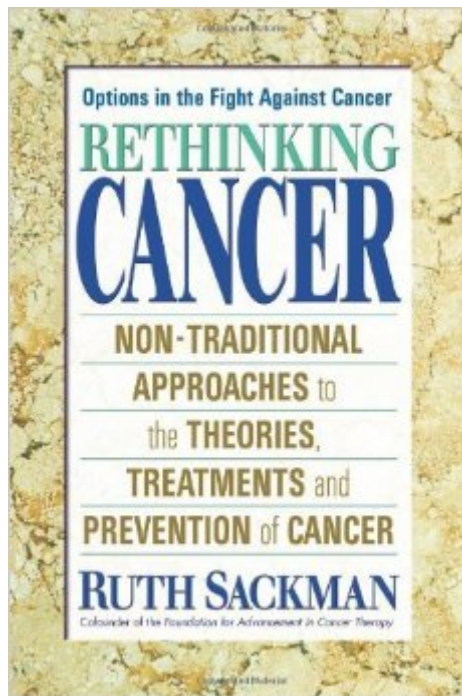


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Rethinking Cancer: Non-Traditional Approaches To The Theories, Treatments And Preventions Of Cancer



Synopsis

The Foundation for Advancement in Cancer Therapy (FACT) has long worked to educate cancer patients about alternative therapies, enabling them to make informed decisions on treatment options. Unfortunately, there still remains a major gap in the distribution of information. To meet this challenge, Ruth Sackman has written *Rethinking Cancer*. Here, youâ™™ find pertinent information on a wide range of topics, including the role of nutrition in health and strategies for achieving detoxification. The author provides both valid research and specific advice.

Book Information

File Size: 3449 KB

Print Length: 240 pages

Publisher: Square One; 1 edition (July 16, 2012)

Publication Date: July 16, 2012

Sold by:Â Digital Services LLC

Language: English

ASIN: B004071411

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #749,590 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #85

inÂ Books > Health, Fitness & Dieting > Nutrition > Cancer Prevention #544 inÂ Kindle Store >

Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > General

#552 inÂ Kindle Store > Kindle eBooks > Medical eBooks > Internal Medicine > Oncology > Cancer

Customer Reviews

Excellent and very helpful information. The fear of cancer is, possibly, worse than the disease itself. Traditional medicine offers three choices: Surgery (I had 57 "places" removed before I said "Enough is enough!" and Chemotherapy (who really benefits from a destroyed immune system?) and Radiation (which actually CAUSES cancer). I highly recommend this book plus "The China Study" by Collin Campbell. These two books have changed my life for the better. I am healthy once again, I have more energy than when I was in my 30's, I sleep better (the body heals, primarily, during restful sleep), and I enjoy life with no fear of cancer any longer. GLL

Ruth Sackman is among this century's most diligent and authentic health pioneers swimming against the tide to get the word out that cancer is a degenerative disease at whose root is a sick immune system that just said, "OK, I quit". If everyone would read this book, maybe people would begin by looking under their hood for the cause before smashing the red light on their dashboard (radiation / chemotherapy) with the "cure". No tricks, gimmicks or silver bullets. The only thing she's "selling" is common sense and right-eating. She saved my life nine years ago. At every annual visit my oncologist says, "keep doing what you're doing". I'm only following her advice. Try it, you'll live.

This volume has been, will be and continues to be the basic bedrock pillar of alternate cancer treatment. It lays out in full a topic-by-topic coherent, practical, and theoretical framework how to really deal with cancer. Not only does it show why modern medicine doesn't get cancer, it also shows how and what alternate approach we might take in order to fully defeat it. It remains a powerful and coherent indictment of the current cancer medical establishment as well as of "counterculture" New Age fads. If one goes to some of the current medical debunking sites that ridicule and warn against alternate cancer therapies, one could find in this book a total point-by-point presentation fully rebutting all their dismissive rhetoric. And a new point of view on the basis of cancer and how to treat and get rid of it! The book's scope is so complete, its vision so compelling, its mandate so revolutionary, that it offers us no choice. Either we seriously reconsider our whole New Age as well as current medical system approaches. OR we amnesia the book and totally forget it! Unfortunately, the latter seems to have occurred. For the sake of total disclosure I must say that I came into personal contact with the author during her last few months. Only in that way was I able to glean an experiential sense of what she was about. Some years later, when I came to peruse the book, I was pleasantly surprised at how fully it presents her mature vision that I had overheard being discussed by her when she was in her mid-90s.

Currently dealing with cancer I found this book too full generalities to be of much use. I was looking for specifics and this book does not provide them. There are better cancer books to spend you money on than this book

Ruth Sackman clearly makes the point that cancer sufferers need to work with a qualified physician to manage your illness. That said - she provides a wealth of information on nutritional and immune boosting therapies to assist in the improvement of the health of cancer patients. This is not a quick

fix, and requires the dedication of the patient and their families to work - but in the end - isn't the outcome worth it?

I gave this book only one star because it is basically just a rehash of what nutrition and health-minded people have known for years. But perhaps I should not have been surprised, after all, the book is 10 years old. Save your money.

I knew Ruth Sackman before she wrote this book. She was always there when I needed information about health issues. I was very impressed by her dedication to the subject of cancer and illness in general. Her wisdom and compassion knew no bounds and she was always there to share her knowledge and experience. She saw what traditional medicine did to people in general in specifically to her daughter who had cancer and was treated traditionally with radiation, etc. After her daughter died she vowed to learn everything about this dreaded illness and wanted to help others to conquer it without the painful, invasive methods she saw firsthand. Ruth wanted to find ways for people to rid themselves of this illness in ways that were more in sync with healing as opposed to attacking the host. In the Hippocratic Oath, it is said, "The physician must ... have two special objects in view with regard to disease, namely, to do good or to do no harm". The current traditional treatment for cancer does not follow this oath, but rather visits pain, suffering upon the afflicted. In *Rethinking Cancer*, Ruth carves out a path of awareness and healing.

The information was perhaps new for those who had not already done a lot of internet investigation but for we who had done a lot of research, there wasn't much new.

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